**Suggestion for a typical “at-home” school day**

This is a suggestion for a typical at-home day. Please follow assignment packet for each LP as your lessons.

**Kindergarten**

 State regulated instructional minutes = 205

**Language arts (phonics, reading, writing, grammar) = 75 minutes (with 20 minutes of instruction and a 5 – 10 minute break)**

15 minutes of reading - small blue phonics book, library books and other stories at home

10 minutes of letters and sounds practice – use flash cards – watch online videos, etc.

5 minutes – practice cheer words for the week

15 minutes of writing instruction (day 1 brainstorm and picture, day 2 rough draft, day 3 editing, day 4 final draft)

15 minutes - phonics, grammar, etc. – practice book pages

15 minutes – wordly wise (vocabulary)

**Math = 60 minutes (20 minutes of instruction and a 5-10 minute break)**

Math journal problem (5 minutes)

Calendar (5 – 10 minutes)

Number practice (10 minutes)

Counting (5 minutes)

Math lesson – introduce and do math pages (20-30 minutes)

**Social Studies = 45 minutes (20 minutes of instruction and a 5-10 minute break)**

Introduce lesson for the day – discuss/watch videos online about subject etc. – 20 minutes

Do workbook pages to follow up lesson 25 minutes

**P.E. = 20 – 30 minutes**

**First Grade**

(State regulated instructional minutes = 288)

**Language arts (phonics, reading, writing, grammar,spelling) = 90 minutes(with 20 minutes of instruction and 5-10 minute breaks)**

Reading – 15-20 minutes – phonics books, anthology, read aloud library books from home

Excursions (language arts program) –15 – 20 minutes - Read anthology story, follow up with practice book pages for that lesson

Practice cheer words for the week – 10 minutes - do cheers, use flash cards etc.

Writing – 20 minutes - Use prompts in lesson plan – day 1 brainstorm, picture, day 2 rough draft, day 3 editing, day 4 final draft

Vocabulary - Wordly Wise lesson – 15 minutes

**Math – 90 minutes(20/10 rule applies)**

Math journal problem (15 minutes)

Calendar ( 15 minutes)

Number practice (10 minutes) (Can use the IXL program for this)

Counting (10 minutes) (Can use IXL math for this portion)

Math lesson – introduce and do math pages (30-40 minutes)

**Social Studies – 60 minutes**

Introduce lesson for the day – discuss/watch videos online about subject etc. – 20 minutes

Do workbook pages to follow up lesson 25 minutes

**P.E. = 20 minutes – 60 minutes depending on activity**